

# Healthy Living in St.Dallan's Primary School

Healthy  
Snack in  
KS1 each  
morning at  
breaktime.





KS2 enjoyed their visit from **The Dairy Council**, who talked to them about living a healthy, balanced lifestyle.





**Fitness Freddy** came into all of our classes in St. Dallan's. We had such a fun day with him.







We are a  
**Walk a Mile**  
School!  
We Love getting  
out for our 15  
minute walk each  
day.



